TABLE OF CONTENTS

	PAGES
Introduction	1
Pacific Islanders – Who We Are	3
PDTRC Objectives and Five-Year Overview	7
Lessons Learned	13-31
Section 1: Cultural Awareness	13
 Programs should be culturally relevant 	
 The training should be flexible 	
 Face-to-face meetings are important 	
Section 2: Working in Pacific Communities	17
Listen to the community	
 The community should be involved 	
 Obtain permission from leaders 	
 Involvement and participation from the community 	
 Partner with pre-existing community groups and networks 	
Section 3: Training and Technical Assistance	23
 Preparation phase is critical 	
 Incorporation of local concepts and language 	
 Go directly to the community to provide the training 	
Identify local community "champions"	
Identify a community "host agency"	
 Provide technical assistance (TA) and resources at all phases 	
Section 4: Building Capacity in the Pacific	29
 Invest in the community for long term sustainability 	
Use the "learn-by-doing" approach	

